

# **Our Philosophy**

The Angsana Spa takes its name from the exotic Angsana Tree - a tall, tropical rainforest tree noted for its crown of golden, fragrant flowers, which burst into bloom unexpectedly for a day, then close and bloom again suddenly.

The Angsana tree teaches one to live life spontaneously, to sense the moment and savour time as it passes inexorably.

# Please Take a Moment To Read This

## ***Etiquette***

The spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guest's privacy by speaking softly.  
Cellular phones and electronic devices are discouraged.

## ***Attire***

Please arrive at the Spa wearing comfortable, light clothing or a bathrobe. Disposable undergarments are available.

## ***Reservation***

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmation appointment.

## ***Check In***

Please arrive at least 15 minutes prior to your scheduled treatment is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

## ***Spa Treatment Hours***

The spa pavilion and rooms open from 0900 to 2200 hours. The last treatment finishes at 2200 hours.

## ***Special Consideration***

If you are pregnant, you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heat conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapist of any medical conditions.

## ***Smoking & Alcohol***

Smoking and the consumption of alcohol within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

## ***Cancellation Policy***

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 24 hours notice will incur a 50% cancellation fee. A full fee will be imposed for a "No-Show".

## ***Valuables***

We recommend that no jewellery to be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

## ***Gift Certificates***

Treat a friend or loved on by giving them an experience they will never forget. Gift Certificates are available for use against any spa treatment, packages or retail products. Gift Certificates are not refundable and must be presented at the time of treatment. Vouchers are valid for six months from date of issue.

## ***Refund Policy***

Treatment and packages are non-refundable, non-transferable and non-exchangeable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

## ***Payment***

We accept cash and all major credit cards. All prices are nett, quoted in Australian Dollars inclusive of G.S.T. (Good & Services Tax) Prices are subject to change without prior notice.

# essence of angšana

Duet

180-minute session

A\$295 per person

## ROOM FOR TWO

### *For Her:*

- 30-min Honey Sesame body polish•
- 60-min conditioning massage
- 60-min facial

### *For Him:*

- 30-min Indo Spice body polish•
- 90-min body massage
- 30-min face massage

**Spa Tip:** Be pampered by a series of Angšana spa treats.

Essentials

150-minute session

A\$245

## THE QUINTESSENTIAL OF SPA TREATS

- 60-minute body massage
- 60-minute facial
- 60-minute body polish & body conditioner

**Spa Tip:** For a complete rejuvenating experience, choose two treatments out of the three choices that we present.

Glow

120-minute session

A\$200

## WEAR RADIANCE LIKE A SECOND SKIN

- 30-minute body polish
- 60-minute body massage

**Spa Tip:** A body polish and massage combo to create a healthy glow.

Equilibrium

90 minute session

A\$150

## UNTIE THE KNOTS & GET BACK TO BASICS

- 30-minute back massage
- 30-minute face massage

**Spa Tip:** This treatment's intensity varies to your preference.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angšana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# angsana for her

Top to Toe 210-minute session A\$345

## COMPLETE MAKEOVER

- 30-minute body polish
- 30-minute body conditioner
- 60-minute body massage
- 60-minute facial

**Spa Tip:** Give your body a well-deserved tune up all over with this ultimate treat that combines all of Angsana Spa's signature therapies.

Glamour 150-minute session A\$245

## NOT ALL DIAMONDS GIVE YOU BLING

- 60-minute Hand Soother or Foot Revitaliser
- 60-minute facial

**Spa Tip:** Enjoy luxury of variety that brings out a lady's natural beauty.

Java Jive 150-minute session A\$245

## FIT FOR A PRINCESS

- 60-minute Javanese body massage
- 40-minute Lulur Scrub
- 20-minute yoghurt cleanser

**Spa Tip:** Contemporary twist to a traditional Indonesian Royal beauty treatment

Body Treats 90-minute session A\$150

## ULTIMATE BODY CARE

- 30-minute body polish
- 30-minute body conditioner

**Spa Tip:** An essential body pampering treat.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# angsana for him

Quintessence 150-minute session A\$245

## ULTIMATE PAMPERING

- 30-minute Foot Loose
- 60-minute body massage
- 30-minute Indian Head Massage

**Spa Tip:** An ultimate indulgence, with soothing therapies to pamper you from top to toe.

Sprint 150-minute session A\$245

## REAL MEN PAY ATTENTION TO DETAILS

- 60-minute foot therapy
- 60-minute body massage

**Spa Tip:** The ideal combination to wake up your senses.

Power Back 90-minute session A\$150

## UNTIE THE KNOTS

- 30-minute back massage
- 30-minute back paraffin treatment

**Spa Tip:** Back tension reliever and warm paraffin to reduce muscular aches.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# body massages

## Signature

Angsana 120-minute session A\$190

### OUR GIFT TO YOU

**Spa Tip:** A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy

Fusion 90-minute session A\$140

CUISINE FOR THE SOUL 120-minute session A\$180

**Spa Tip:** A blend of Thai and Swedish massage techniques to sooth all aches, unblock stiffness and enhance flexibility

## Classic

Ayurvedic Hot Stone 120-minute session A\$190

### TENSION MELTS

**Spa Tip:** Ease the tension and aches from your body as this Ayurvedic palm-based massage seamlessly blended with the use of heated basalt stones.

Javanese 90-minute session A\$140

TAKE A NAP 120-minute session A\$180

**Spa Tip:** A medium to strong massage to aid circulation and relieve muscle tension.

Waves 90-minute session A\$140

SMOOTH AS A HULA DANCE 120-minute session A\$180

**Spa Tip:** This strong massage is inspired by traditional Hawaiian techniques. The therapist delivers long flowing strokes to restore balance and harmony.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# body massages

## Soothing

Dreams 90-minute session A\$140

PERFECT FOR JET LAG 120-minute session A\$180

**Spa Tip:** Created specially for tired and worn-out bodies, this calming massage soothes tensed muscles using warm sesame oil.

Oasis 90-minute session A\$140

THIRST RELIEF 120-minute session A\$180

**Spa Tip:** The perfect massage for sun exposed and matured skin as a blend of six massage oils, rich in vitamins and minerals, is used to reduce the dryness of the skin.

Rhythmic 90-minute session A\$140

MUST TRY FOR MOTHERS-TO-BE

**Spa Tip:** A nurturing massage using gentle strokes and linen pouch dipped in warm Vitamin-E enriched oil. Suitable for mothers-to-be or those who prefer to lie on their side.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# body massages

## On the Spot

Back Energy 60-minute session A\$85

IRON OUT TENSE MUSCLES

**Spa Tip:** Iron out aches and tensions in the back with this medium to strong pressure massage.

Fresh Face 60-minute session A\$85

LOOK GOOD, FEEL GOOD

**Spa Tip:** This gentle face massage keeps the skin plumped and stimulates blood circulation, restoring a healthy complexion.

Foot Loose 60-minute session A\$85

SOLE TO SOUL

**Spa Tip:** Step out with happier feet after an energising leg and foot massage.

Indian Head Massage 60-minute session A\$85

CLEAR HEADED

**Spa Tip:** After a hard day's work, clear your mind with this massage to relax and remove fatigue caused by mental stress.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# eminence organic facials

Organic Refresh Retreat                      60-minute session                      A\$90

*For all skin types*

## THREE STEPS TO CLEARER SKIN

**Spa Tip:** An invigorating facial treatment packed with fruity goodness to keep your skin moisturised and revitalised.

Organic Oxygenator                      90-minute session                      A\$145

*For all skin types except sensitive skin*

## SIGNIFICANTLY YOURS

**Spa Tip:** A high performance facial that increases the skin's oxygen intake, encourages cell renewal, unclogs pores and soothes blemished skin.

Citrus-C                      90-minute session                      A\$140

*For all skin types except sensitive skin*

## ZESTY GOODNESS

**Spa Tip:** Purify and clarify your skin without drying it out with the gentle exfoliation that prepares the skin for a clay masque to draw out impurities. Complete the treatment with a soothing hydrating gel for a balanced, clearer skin.

Precious Organics                      90-minute session                      A\$140

*For all skin types especially sensitive skin*

## KEEP THE LINES AT BAY

**Spa Tip:** A soothing facial blended with fragrant garden-fresh roses and vitamin C to keep the lines at bay. An organic mask complement the treatment to minimise visible fine lines.

Vino-Choc                      90-minute session                      A\$140

*For all skin types especially aging skin*

## CHOCO DELIGHTS

**Spa Tip:** A yummy combination of grapes, chocolate and champagne makes this an ultimate facial indulgence.

Bright Eyes                      A\$30

*For all skin types (available only as part of any 90min session facial)*

## BEAUTY IN A BLINK

**Spa Tip:** Pamper your eyes with this rejuvenating eye treatment that gently nourishes and soothes all signs of fatigue away.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# finer touches

Hand Soother

90-minute session

A\$140

## SWEET DECADENCE

- 10-minute Honey Milk hand bath
- 30-minute hand & arm massage
- 20-minute paraffin hand treatment

**Spa Tip:** Indulge your hands with a hand treatment and massage to leave them looking and feeling good.

Foot Revitaliser

90-minute session

A\$140

## FOOT FETISH

- 10-minute foot scrub
- 30-minute foot & leg massage
- 20-minute paraffin foot treatment OR foot mask

**Spa Tip:** Bring the spring back to your step with a range of foot treatments to pamper those neglected soles.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# body polishes

Choose your favourite Body Polish to complete your pampering spa packages. All Body Polishes are not available individually.

## Barley Orange

*For all skin types*

### NATURE'S BEST

**Spa Tip:** The exfoliating properties of barley combines with mild acids from orange zest to release impurities, brighten complexion and increase moisture level.

## Coconut Tamarind

*For all skin types*

### EXUDE RADIANCE

**Spa Tip:** The cleansing and healing effects of this treatment unveil radiant and brighter skin.

## Honey Sesame

*For dry/normal skin*

### AS SWEET AS HONEY

**Spa Tip:** Smell as sweet as honey after this treatment and skin emerges smoother after the gentle exfoliation.

## Indo Spice

*For all skin types except sensitive skin*

### HOT 'N' SPICE

**Spa Tip:** The spicy combination of ginger, clove and sesame seeds are used in this healing exfoliation to cleanse and invigorate the skin, exuding an aromatic glow.

## Jasmine Frangipani

*For oily skin*

### FLOWERY SCENT

**Spa Tip:** Smell your best and show off sparkling skin after the treatment.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.

# body conditioners

Choose your favourite Body Conditioner to complete your pampering spa packages.  
All Body Conditioners are not available individually.

## Aloe Sunkisser

*For sensitive/dry skin*

### AFTER-SUN TREATMENT

**Spa Tip:** Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

## Avocado Smoothie

*For all skin types*

### VITA-RICH

**Spa Tip:** Oozing with vitamins, minerals and natural oils, indulge in this creamy mask which replenishes essential moisture and nutrients in the skin, leaving it plump and soft.

## Honey Milk

*For dry/normal skin*

### PEELS OFF TENSION

**Spa Tip:** Be lulled into slumber as a Sesame Pouch dipped in warm milk and nourishing honey gently glides over the body to relieve stress.

## Mud Mask

*For oily types*

### THOROUGH CLEANSING

**Spa Tip:** A deep cleansing treatment using rich mud to detoxify and nourish the skin.

## Orange Coconut

*For all skin types except sensitive skin*

### SKIN BRIGHTENER

**Spa Tip:** This delightful combination of orange and coconut brightens your skin tone and leaves your skin moisturised and silky soft.

*Calm your mind and draw in the serenity of your surroundings. Allow our therapists to offer you a soothing foot wipe, herbal drink and a few minutes to leave the cares of the world behind. Angsana sessions are built-in with a complimentary 30-minute calm time on us. Enjoy the difference.*

All prices are nett and inclusive of G.S.T.